

Meet Regina Young!

Regina is a Community Health Worker (CHW) at Brownell STEM Academy.

- She is involved in the following projects:
 - Bike giveaway for students
 - Family events and giveaways through Brownell
- Her favorite part about being a CHW is providing resources and assisting a student, parent, or family.
- Her goal for the upcoming school year is to stress the importance of exercising and healthy food choices. She also wants to address childhood obesity, asthma and other diseases and how to minimize risks for these health problems.
- A fun fact about Regina is that she loves to laugh and be funny.

“It’s very important that I stress the importance of a child being healthy and active. I want to give out information to children and parents that makes exercising fun, not stressful.”

-Regina Young, Community Health Worker



Genesee Health Plan
Community
EDUCATION
Health Worker