

Michigan's MI Options Program



What is MI Options?

MI Options is a program that empowers and provides enhanced information to help individuals make informed decisions and exercise control over long-term care needs by incorporating their personal goals and preferences. The program includes free, unbiased Medicare counseling services through the State Health Insurance Assistance Program and Medicare Improvements for Patients and Providers Act Program, and Person-Centered Options Counseling for adults needing assistance to support their needs for long-term services and supports.

Medicare Counseling Includes:

- Medicare enrollment assistance.
- Medicare and Medicaid coordination.
- Discussion on cost savings options, like the Medicare Savings Program and the Low-income subsidy, also known as Extra Help.
- Prescription drug coverage options.
- Billing questions.
- Benefits explanation.

Medicare Counseling services are open to any Medicare beneficiary, family member or caregiver who supports them, regardless of income, assets or disability status.

Person-Centered Options Counseling Includes:

- Exploring the spectrum of long-term care and support options for adults, including home- and community-based services.
- Identifying next steps after a major life event to better understand what services and supports are available.
- Building actionable steps for pursuing options that respect clients' preferences and values.

Person-Centered Options Counseling services are available to any adult, their family members and caregivers who support them, regardless of income, assets or disability status.

With the right foundation from MI Options, individuals can look at the future with confidence and peace of mind. A trained expert can help navigate what kind of care a Michigan resident or their loved one might need as they age, what it will cost, and how to stay at home and maintain independence.

Individuals who would like to schedule an appointment can call 1-800-803-7174.